



An Abbreviated Celebration of the Holy Eucharist with Spiritual Communion Rite 1

February 21, 2021 The First Sunday in Lent

The Great Litany (Abbreviated) Liturgy of the Word

O God the Father, Creator of heaven and earth, *Have mercy upon us.*

O God the Son, Redeemer of the world, *Have mercy upon us.*

O God the Holy Spirit, Sanctifier of the faithful, *Have mercy upon us*.

O holy, blessed, and glorious Trinity, one God, *Have mercy upon us*.

Saint Mary, Mother of God, our Savior Jesus Christ, *Pray for us.*

All holy Angels and Archangels, and all holy orders of blessed Spirits, *Pray for us*.

All holy Patriarchs and Prophets; Apostles, Martyrs, Confessors, and Virgins; St. Martin of Tours and all the blessed Company of heaven, *Pray for us.*

Remember not, Lord Christ, our offenses, nor the offenses of our forebears; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us, for ever. *Spare us, good Lord*.

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation, *Good Lord, deliver us*.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity, *Good Lord, deliver us*.

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil, *Good Lord, deliver us*.

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared, *Good Lord, deliver us*.

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation, *Good Lord, deliver us*.

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost, *Good Lord, deliver us*.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment, *Good Lord, deliver us*.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way, We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly, *We beseech thee to hear us, good Lord.*

That it may please thee to bless and keep all thy people, We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit, *We beseech thee to hear us, good Lord.*

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth, *We beseech thee to hear us, good Lord*.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples, *We beseech thee to hear us, good Lord*.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed, *We beseech thee to hear us, good Lord.*

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife, *We beseech thee to hear us, good Lord*.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm, *We beseech thee to hear us, good Lord*.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation, *We beseech thee to hear us, good Lord*.

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word, *We beseech thee to hear us, good Lord.*

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts, *We beseech thee to hear us, good Lord*.

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet, *We beseech thee to hear us, good Lord*.

That it may please thee to grant to all the faithful departed eternal life and peace, We beseech thee to hear us, good Lord.

Son of God, we beseech thee to hear us. Son of God, we beseech thee to hear us.

- O Lamb of God, that takest away the sins of the world, *Have mercy upon us*.
- O Lamb of God, that takest away the sins of the world, *Have mercy upon us*.
- O Lamb of God, that takest away the sins of the world, Grant us thy peace.

O Christ, hear us. O Christ, hear us.

Lord, have mercy upon us, Christ, have mercy upon us, Lord, have mercy upon us.

The Lord be with you. *And with thy spirit*.

Let us pray: Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. *Amen*.

The Lesson (1 Peter 3:18-22)

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Word of the Lord/ Thanks be to God

Psalm 25:4-9 Ad te, Domine, levavi

- 4 Lead me in your truth and teach me, * for you are the God of my salvation; in you have I trusted all the day long.
- 5 Remember, O Lord, your compassion and love, * for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; * remember me according to your love and for the sake of your goodness, O Lord.
- 7 Gracious and upright is the Lord; * therefore he teaches sinners in his way.
- 8 He guides the humble in doing right * and teaches his way to the lowly.
- 9 All the paths of the Lord are love and faithfulness * to those who keep his covenant and his testimonies.

Gospel Acclamation

Praise to you, Lord Jesus Christ, King of endless glory

One does not live on bread alone, but on every word that comes forth from the mouth of God.

Praise to you, Lord Jesus Christ, King of endless glory

The Holy Gospel

The Holy Gospel of our + Lord Jesus Christ according to Mark *All: Glory be to Thee, O Lord.*

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Mark 1:9-15
The Gospel of the Lord./ All: Praise be to Thee, O Christ.

The Homily

Father Robert Laws

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Peace and The Offertory Sentence Offertory Hymn: When from Bondage We Are Summoned





The Liturgy of the Altar

The Lord be with you. *And with thy spirit*.
Lift up your hearts. *We lift them up unto the Lord*.
Let us give thanks to the Lord our God. *It is meet and right so to do*.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Holy, holy, Lord God of Hosts: Heaven and earth are full of thy Glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. AMEN.

And now, as our Savior Christ has taught us, we are bold to say, Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction

- O Lamb of God, that takest away the sins of the world, have mercy upon us.
- O Lamb of God, that takest away the sins of the world, have mercy upon us.
- O Lamb of God, that takest away the sins of the world, grant us thy peace.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord

whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Behold the Lamb of God who takes away the sins of the world. Happy are they who are called to the Supper of the Lamb.

An Act of Spiritual Communion (prayed silently)

In union, dear Lord, with the faithful at every altar of your Church where your blessed Body and Blood are being offered, I desire to offer you praise and thanksgiving. I believe that you are truly present in the Holy Sacrament. Since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen. Lord Jesus, come dwell in my heart.

Post Communion Prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Lenten Prayer over the People

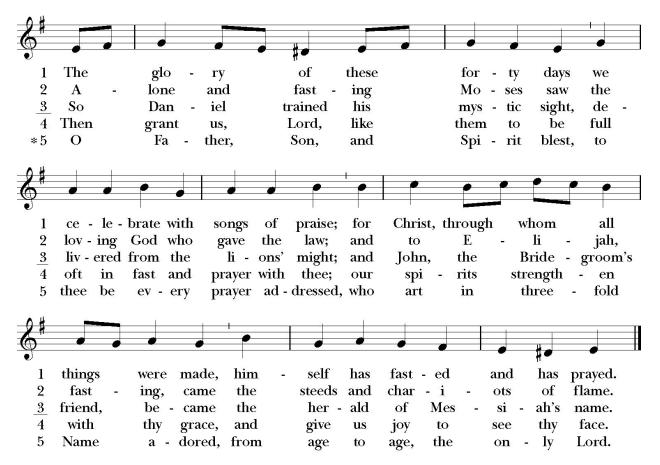
Bow down before the Lord.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. *Amen*.

Dismissal

Priest: Go in peace to love and serve the Lord.

People: Thanks be to God.



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