

# Guidelines for Youth Confirmation at St. Martin's

The Sacrament of Confirmation is an opportunity for those baptized at a young age to "express a mature commitment to Christ, and receive strength from the Holy Spirit through prayer and the laying on of hands by a bishop" (BCP, p. 860). Many people are confirmed in their teen years, but some wait until later in life. The right time to be confirmed is when a person is ready to accept the promises made on their behalf at baptism, and to express publicly a desire to follow Jesus Christ. It is also an expression of a desire to serve God in the Episcopal Church, as a Christian in the Anglican Way. **Confirmation Date: November 13, 2022 at St. Martin's.**

## Requirements for Confirmation for Youth

- Be baptized and at least 16 years old (although exceptions can be made if a person of younger age can express a mature commitment to Christ)
- Attend Mass regularly
- Participate to the best of your ability in the *Journey to Adulthood* program
- Attend the youth sessions of the *Episcopal 101* class taught by Father Rob, which includes 8 sessions and a mandatory overnight retreat. (Note: J2A will not meet during the weeks that Episcopal 101 is being offered. Class schedule below)
- Complete 8 hours of community service, or outreach. You can fulfill this by participating with outreach projects organized by the parish or youth group, or you can choose projects in the community that are meaningful to you
- Meet one on one with Father Rob for a one time spiritual direction session

*\*The overnight retreat is scheduled for September 23-24. It will cost \$100 for the overnight and three meals.*

# Episcopal 101: Preparation for Confirmation and Reception (Youth)

*Sunday sessions meet from 11:30-12:15 pm in the Conference Room*

**September 18, 2022 Session 1:** The Anglican Ethos- Our Beliefs and Practices

**September 23-24 Overnight Retreat: \$100 for room and meals. More info. to come.**

**Session 2:** How We Pray and Worship: The Book of Common Prayer

**Session 3:** How We Pray and Worship: An Instructed Eucharist

**Session 4:** How We Pray and Worship: Spiritual Practices and Sacramentals

**Session 5:** The Sacramental Life: Water, Wine, and the Wild Spirit of God

**September 25 Session 6:** The Christian Story- a short history of the Church

**October 02 Session 7:** The Anglican Story-

a short history of the Anglican Communion and the Episcopal Church

**October 09 Session 8:** Finding My Place: Where Do I Belong at St. Martin's?

Session 8 includes a meal with the vestry and other parish ministry leaders.

Teens and Adults will meet together in the undercroft at 11:30 am for this final session.

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**Please fill out the following and either drop it in the offering plate, or give it to Fr. Rob+**

**Name** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Parent's Email:**

\_\_\_\_\_

**I am interested in being: Confirmed** \_\_\_\_\_

**Place of Baptism** \_\_\_\_\_

**Date of Baptism** \_\_\_\_\_