

# Guidelines for Confirmation at St. Martin's

The Sacrament of Confirmation is an opportunity for those baptized at a young age to "express a mature commitment to Christ, and receive strength from the Holy Spirit through prayer and the laying on of hands by a bishop" (BCP, p. 860). Many people are confirmed in their teen years, but some wait until later in life. The right time to be confirmed is when a person is ready to accept the promises made on their behalf at baptism, and to express publicly a desire to follow Jesus Christ. It is also an expression of a desire to serve God in the Episcopal Church, as a Christian in the Anglican Way.

## Requirements for those who Desire to be Confirmed or Received

- Be baptized and at least 16 years old (although exceptions can be made if a person of younger age can express a mature commitment to Christ)
- Attend Mass regularly
- Attend the 7 sessions of the *Episcopal 101* class taught by Father Rob, which includes a mandatory retreat to be held in March at St Martin's.
- Complete 8 hours of community service, or outreach. You can fulfill this by participating with outreach projects organized by the parish or youth group, or you can choose projects in the community that are meaningful to you.
- Meet one on one with Father Rob for a one time spiritual direction session and/ or make a sacramental confession.

## Episcopal 101: Preparation for Confirmation and Reception

*Sunday sessions meet from 9:30-10:15 am in the Conference Room*

**Session 1:** The Anglican Ethos- Our Beliefs and Practices

**Session 2:** How We Pray and Worship: The Book of Common Prayer, Spiritual Practices

**Session 3** The Sacramental Life: Sacraments and Sacramentals

**Session 4:** The Christian Story- a short history of the Church

**Session 6:** The Anglican Story-

a short history of the Anglican Communion and the Episcopal Church

**Session 7:** Finding My Place: Where Do I Belong at St. Martin's?

Retreat: TBA

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**Please fill out the following and either drop it in the offering plate, or give it to Fr. Rob+**

**Name** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Parents Names and Email (for youth confirmands):**

\_\_\_\_\_  
\_\_\_\_\_

**I am interested in being: Confirmed** \_\_\_\_\_

**Place of Baptism** \_\_\_\_\_

**Date of Baptism** \_\_\_\_\_

**I am interested in being: Received** \_\_\_\_\_

**Place of Baptism** \_\_\_\_\_

**Date of Baptism** \_\_\_\_\_

**Place of Confirmation** \_\_\_\_\_

**Date of Confirmation** \_\_\_\_\_

- If you were not baptized at St. Martin's, please send a copy of your baptism record to the parish office.
- If you would like to be received, please send a copy of your baptism record and confirmation record to the parish office.

## **2024 Confirmation Class Schedule**

**Sundays March 3, 17, 24, April 7, 14, 21, 28**